

ADVICE

1. THERE IS NO DRINKING WATER TO BE FOUND ON THIS ROUTE. YOU NEED TO CARRY ENOUGH WITH YOU.
2. DO NOT UNDERTAKE THIS ROUTE AT MIDDAY ON HOT DAYS.
3. SOME SECTIONS OF THE PATH ARE QUITE STEEP SO A CERTAIN DEGREE OF TECHNICAL SKILL IS NECESSARY ON THIS ROUTE.
4. THE ROUTE CROSSES A SPECIAL BIRD PROTECTION AREA, SO YOU SHOULD AVOID MAKING UNNECESSARY NOISE IN ORDER NOT TO ALARM THE BIRDS.
5. PLEASE BE EXTREMELY CAREFUL TO LEAVE NO LITTER AT ALL ALONG THE ROUTE: CARRY IT ON TO THE CONTAINERS SITUATED IN THE VILLAGES. YOU SHOULD ENSURE THAT YOU LEAVE NO TRACES WHATSOEVER OF YOUR PRESENCE IN THE ENVIRONMENT.
6. HUMAN BEINGS ARE IN FACT GUESTS IN THIS ENVIRONMENT, AND AS SUCH SHOULD TREAT IT WITH THE GREATEST RESPECT.

Red de Senderos Naturales REGIÓN DE MURCIA



FLORA

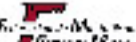


WILDLIFE

TRADITION



**PR - MU 102
CERRO DE LA SELVA
FOOTPATH
ZARZADILLA DE TOTANA**



CERRO DE LA SELVA

THIS ROUTE CAN BE CONSIDERED AS A MODEL FOR THE RESTORATION OF A HISTORIC PATHWAY WHICH HAD FALLEN INTO DISUSE ON ACCOUNT OF CHANGES IN THE LIFE-STYLE OF LOCAL SOCIETY, AND OVER RECENT DECADES HAD BECOME COMPLETELY OVERGROWN.

IN 2006, A LOCAL FAMILY DECIDED TO SEEK SUPPORT IN TO RESTORE THE PATHWAYS OVER THE SIERRA AS THE PEOPLE WHO HAD USED THEM OVER MANY YEARS AS PART OF THEIR EVERYDAY LIFE WERE NOW BECOMING ELDERLY. THIS WAS WHEN THE BOOK "SIERRA DE PEDRO PONCE: LA MONTAÑA OLVIDADA" (SIERRA DE PEDRO PONCE: THE FORGOTTEN MOUNTAIN) WAS PUBLISHED.

FROM THIS STARTING-POINT, THE PATHWAY HAS BEEN RESTORED. IT LINKS THE SETTLEMENT TO THE HIGHER PART OF THE SIERRA THROUGH THE PEDRO PONCE RAVINE, NEAR THE MORRÓN DE RIVAZUELO ROCK-FACES AND COMING UP OVER THE AREA OF LA SELVA AT ITS HIGHEST POINT.

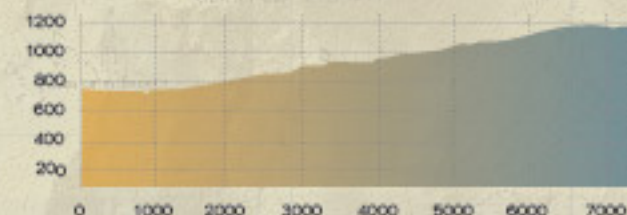
IT IS AN EASY PATH TO WALK, WITH DIFFERENT TYPES OF ECOSYSTEMS AND INTERESTING ENVIRONMENTAL AND CULTURAL VALUES GIVING EVIDENCE OF THE STRONG LINK BETWEEN THE INHABITANTS OF THE AREA AND THE USE OF NATURAL RESOURCES OVER THE CENTURIES.



TECHNIC INFORMATION

- START/ LOS CAÑOS GARDEN, IN ZARZADILLA DE TOTANA**
END/ CIMA DE LA SELVA.
- PATH TYPE/ LINEAL ROUTE**
- DISTANCE/ 7,000 KM.**
- APPROXIMATED TIME/ 2 HOURS.**
- VERTICAL ASCENT/ 570 M.**
- VERTICAL DESCENT/ INESTIMABLE**
- PROTECTION SYSTEM**
BIRDS SPECIAL PROTECTION ZONE.

ROUTE PROFILE



MIDE

- M** **2** NOT SUITABLE FOR WALKING AT MIDDAY IN SUMMER. NO DRINKING WATER AVAILABLE ALONG THE ROUTE.
- I** **2** A WELL-MARKED TRACK WHICH IS EASY TO FOLLOW.
- D** **3** GOOD GOING OVER MOST OF THE ROUTE, ALTHOUGH THERE ARE A FEW ROUGH PATCHES IN THE MIDDLE SECTION.
- E** **3** IT TAKES ABOUT FOUR AND A HALF HOURS FOR THE RETURN TRIP THERE IS QUITE A STEEP CLIMB OVER A SHORT DISTANCE.